

9 - Cracking the Code: A Practical Application for Shared Decision Making in Patient-Oriented Research

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Background:

ACCESS Open Minds (ACCESS OM) is a pan-Canadian youth mental health patient-oriented research network comprised of 14 services sites, with over 300 members including youth, families/carers, researchers, service providers, and policy makers. It is transforming youth mental health services through the provision of high quality and accessible youth mental health care and by using innovative research to evaluate how services are provided. Funded by CIHR as Canada's first SPOR, ACCESS OM has implemented patient-oriented strategies across various contexts, including urban, rural and Indigenous communities. For example, youth and family/carers have contributed to the design of clinical services, research protocol/methodology, and strategic planning. Shared decision making has resulted in new knowledge reflective of youth and family/carers' knowledge, priorities and needs, ultimately improving youth mental health care across the country. These insights are applicable to various patient-oriented research settings.

Aim of workshop:

The aim of this workshop is to share insights, to discuss challenges, and to facilitate discussion on techniques to implement and sustain opportunities for shared decision making between stakeholder in health research and evaluation.

Target audience:

Patients, patient partners, community members, researchers, policy makers, service providers, funders, proponents of shared decision making in health research contexts.

Learning objective and method:

Promote knowledge exchange of strategies which can be used to implement and sustain shared decision making. The discussion will be structured around three themes:

- 1) Clinical service design and implementation;
- 2) Research protocol design and implementation
- 3) Organizational

Participants will be divided into small discussion groups. An effort will be made to create diversity within each group. Each group will discuss strategies to foster shared decision-making opportunities through a given theme. Methods will be shared with the larger group. Exchanges of ideas will be visually represented and recorded through a word cloud generator to provide an interactive forum for large group discuss while documenting workshop outcomes. Facilitators will share insights from the ACCESS OM pan-Canadian youth mental research project (from various standpoints: lived experience, research and clinical services).