

4 - Shared Decision Making in Rehabilitation

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Background:

The grave consequences of disabilities related to musculoskeletal, neurological and cardiorespiratory disorders result in frequent healthcare system reorganization as governments seek sustainable rehabilitation models. Engaging patients and families with physical impairments and disabilities in shared decision making (SDM) may promote adherence and ultimately improve quality of life. Yet SDM training programs and tools are still rare in rehabilitation contexts.

Overall aim:

To equip health professionals providing rehabilitation care with the knowledge, skills and tools to integrate SDM into their practices.

Target audience:

Health professionals who provide rehabilitation care such as physiotherapists, occupational therapists, psychologists, physicians or nurses. We also highly encourage all other stakeholders (managers, policy makers, patient-partners with disabilities) to participate.

Conclusion:

This workshop will provide participants with a rich understanding of concepts and tools for applying SDM to rehabilitation. The ISDM conference offers a unique networking opportunity to gather a community interested in integrating SDM into rehabilitation.