

# 1 - 20th Anniversary Update of the Ottawa Decision Support Framework: A Workshop to Discuss Evidence, Lessons Learned, and Future Research

Dawn Stacey<sup>1,2</sup>, Laura Boland<sup>2,3</sup>, , Mirjam Garvelink<sup>4</sup>, Lauren Hoefel<sup>1</sup>, France Legare<sup>5</sup>, Krystina Lewis<sup>1</sup>, Marie-Chantal Loiseau<sup>6</sup>, Annette O`Connor<sup>1</sup>

<sup>1</sup>University of Ottawa, Ontario, Canada, <sup>2</sup>Ottawa Hospital Research Institute, Ontario, Canada, <sup>3</sup>Western University, Ontario, Canada, <sup>4</sup>St. Antonius Hospital, Nieuwegein, Netherlands, <sup>5</sup>Laval University, Quebec, Canada, <sup>6</sup>Sherbrooke University, Quebec, Canada

## **Background:**

For 20 years, the Ottawa Decision Support Framework (ODSF) has been used to guide clinicians and patients facing difficult health or social decisions. The premise is that unresolved decisional needs adversely affect informed values congruent decision making. The quality of decision making improves if needs are addressed with theory informed decision support interventions (e.g. clinical counseling, patient decision aids, decision coaching). The ODSF is being updated using systematic reviews of patients' decisional needs, Decisional Conflict Scale, and trials of patient decision aids developed using the ODSF.

## **Overall aim:**

To bring patients, clinicians, policy makers, educators and researchers together with ODSF experts for: a) a series of skill-building and informative conversations about the updated evidence and implications for the ODSF and b) identifying future research questions.

## **Learning objectives:**

Participants will have the opportunity to: 1) Review the history of and the evidence behind the ODSF; 2) Reflect on the different ways the ODSF can be used to enhance the quality of patients' decisions; 3) Share experiences of using the ODSF; 4) Reflect on challenges and successes with using the ODSF; and 5) Identify future research questions.

## **Description of the workshop (2 hours):**

We propose an interactive workshop to stimulate creative thinking, discussions, and inform future directions. First, we will provide an overview of 20 years of ODSF use. Second, we will hold small group discussions facilitated by recognized ODSF experts who will act as table hosts. Participants will spend about 15 minutes at each expert's table (e.g. decisional needs, Decisional Conflict Scale, patient decision aids, decision coaching) before shifting tables, for a total of 60 minutes. Participants will have opportunities to share their own experiences with using the ODSF, reflect on the challenges and successes of its use, and generate ideas for future research. Third, the small group discussions will be summarized and shared in the larger group. Overall, participants will benefit from the opportunity to learn from the experts and discuss the theoretical underpinnings, methodological issues, and practical challenges that have been encountered in using the ODSF tools and outcome measures.